

Welsh Schools Athletics Association

Management Committee Meeting

10am Tuesday 14th April 2026

1. Apologies & Present

Apologies: Gareth Oldham (WSAA Treasurer & Powys) GO, Gwilym Williams (WSAA President) GW and Steve Mitchell (WA National Talent Development Coordinator – Endurance), Rhys Williams (WA Performance) Steve Jones (WSAA Chair) SJ* SJ was present by audio only on AJ mobile as teams app not working on his phone or lap top.

Present: Jo Warner (WSAA Immediate Past Chair) JW, Andrew Jenkins (WA) AJ, SM. Sharon Leech (WSAA Vice Chair) SL, Darran Williams (WA Competitions) DW and. Alex Donald (WA Endurance Competitions Manager) AD, Rob Campions (WA Competitions On Track) and Marcus Meyrick (WA Competitions Off Track).

2. Approval of minutes from previous meeting held 10/03/2026

2.1 Minutes approved by RC, seconded by SL. JW Chaired the meeting.

3. Actions arising from previous meeting (10/03/2026)

3.1 Irish Schools are awaiting clarification on WSAA Travel and accommodation logistics for the U17 Track & Field SIAB International on 18th July, specifically relating to if WSAA will require accommodation for the Saturday night too.

3.2 Association Awards

Recipients of our award winners covering the whole academic year have been decided, announced and all recipients have been contacted to arrange for collection and or presentation. Full list of recipients can be found on the WSAA minutes from the 10/03/2026.

4. Fixtures

4.1 Saturday 21st March 2026 SIAB U15 & U17 Cross Country International @ Faenol Estate, North Wales.

The venue and race course was fantastic and very well organised, with all positive feedback. Accommodation whilst cleanliness and staff support was superb, food choices and sleeping arrangements in dormitories was not ideal for pre race preparation. Our thanks to all WA staff and volunteers involved. Results [Start Lists / Results | S.I.A.B Cross Country](#)

4.2 Sunday 22nd March 2026 Welsh Sportshall Athletics Final @ Cwmbran

Dyfed, Powys and Cardiff & the Vale are the three school districts who fielded teams. Cardiff & the Vale won all four sections to progress to the UK Sportshall Final at Stoke on Saturday 11th April. Our

thanks to the volunteer parents, officials and SportsHall staff team for their support on the day to make the event happen.

Cwmbran Results [Sportshall Regional Final Results- Recent & Historic](#)

Stoke results [Sportshall UK Final Results- All UK Final Results \(1991- Present\)](#)

4pm Friday 17th April a future of Welsh Sportshall Athletics meeting has been scheduled, with invites sent to Sportshall staff and representatives of the 5 school districts who currently engage or have recently engaged with Sportshall, Dyfed, Afan Nedd Tawe, Cardiff & the Vale, North West Wales and Powys. The first meeting will be an open forum looking at examples of what does work, venues dates and more, in an attempt to look at options to re grow participation across all of Wales.

4.3 Saturday 4th July 2026 for the WSAA U14 U16 & U18 Track & Field Championships @ Aberdare

Will be a full event program with three age groups across U14, U16 & U18. For 2026 there will be no additional entry standards, there will be no developmental events due to the age group changes, and the challenge of accommodating three age groups in across a full event program. All track races will be time trials rather than heats and finals. At the WSAA AGM the vote was for 3 age groups for 2026 in this transitional year for the new age groups. We will review if this remains the best composition of age groups and number of pupils per event in the time we have available. Sourcing of officials and volunteers has already commenced. Districts that have confirmed their dates and venues for their qualification events are listed below. A timetable of events will be distributed to school districts within the next week, enabling them to select their teams for the Championships. Declaration forms will be in the same format as last year and will follow the timetable a week or two later once it has been updated to reflect the new age groups, events and timetable.

Age Groups: U14 = school years 7 & 8. U16 = school years 9 & 10. U18 School years 11 & 12.

- Wednesday 6th May 2026, Afan Nedd Tawe @ Swansea or Neath TBC
- Thursday 7th May, South East Wales @ Newport
- Friday 1st May, Eryri @ Bangor
- Thursday 30th April 2026 Glamorgan Valleys, U16, U18 & U20 @ Aberdare
- Tuesday 28th April, Cardiff & the Vale, U16, U18 & U20 Girls @ Cardiff
- Thursday 30th April, Cardiff & the Vale U16, U18 & U20 Boys @ Cardiff
- Thursday 7th May, Cardiff & the Vale U14B @ Cardiff
- Tuesday 19th May, Cardiff & the Vale U14G @ Cardiff
- (Thursday 2nd October 2025), North East Wales @ Deeside
- Thursday 21st May 2026, Glamorgan Valleys, U14 @ Aberdare
- Thursday 21st May, Powys Schools @ Brecon
- Thursday 18th June 2026, Dyfed @ Carmarthen

The new hurdle heights and spacings as well as throwing implement weights are shown in the tables at the end of these minutes.

4.4 Wednesday 8th July 2026 U14 & U16 Cup & Plate Finals @ Brecon

Brecon is still the venue for the NASUWT track and field Cup & Plate Finals. The event format will be the same as last year, excluding Triple Jump for U14 Boys and Girls.

The throws cage is currently out of commission, but repairs are in hand scheduled with Freedom Leisure. Steve Jones has booked the venue and first aid. Officials availability has commenced. School districts who have confirmed the qualifying dates and venues are listed below.

- **TBC May, South East Wales @ TBC**
- **TBC North East Wales @ TBC**
- Wednesday 10th June Cardiff & the Vale, Preliminary Match 1 @ Cardiff
- Thursday 18th June Cardiff & the Vale, Preliminary Match 2 @ Cardiff
- Tuesday 16th June 2026, Glamorgan Valleys Groups C&D @ Aberdare
- Wednesday 17th June 2026, Glamorgan Valleys Groups A&B @ Aberdare
- Monday 22nd June 2026 Girls, Afan Nedd Tawe @ Swansea or Neath TBC
- Tuesday 23rd June 2026, Powys @ Newtown
- Tuesday 23rd June 2026, Glamorgan Valleys Finals @ Aberdare
- Wednesday 24th June Cardiff & the Vale Finals @ Cardiff
- Thursday 25th June 2026 Boys, Afan Nedd Tawe @ Swansea or Neath TBC
- Thursday 25th June 2026, Dyfed @ Carmarthen
- Tuesday 23rd June Eryri @ Bangor

The new hurdle heights and spacings as well as throwing implement weights are shown in the tables at the end of these minutes.

4.5 Saturday 18th July 2026 SIAB International @ Belfast

The age group which will be included in the Schools International were decided at the SIAB meeting on Saturday 21st March at Faenol. It was decided that it will be U17 (School years 10 & 11). This now causes significant challenges in formulating a selection policy with Welsh Schools using the new UK Athletics even age group rules that applies to all competitions.

English Schools are continuing to use odd age groups until 1st September 2026, Scottish Schools using 1st January 2 year age group bands.

Welsh Athletics Performance Department and WSAA Officers have scheduled a meeting to look at making changes to the SIAB selection policy used in the last few years of how we can now best select a team for 2026, whilst ensuring that the WSAA Championships are meaningful by having incentive for pupils to participate to progress to SIAB. Particular challenges will be caused for athletes having to train and compete at different sprint hurdle heights and spacings, steeplechase barrier heights and throwing implement weights from all other club based competitions.

4.6 Saturday 19th September 2026 Joint Welsh Schools & Welsh Athletics U14 U16 & U18 Combined Events Championships @ Carmarthen.

With a new date outside of the school holidays to encourage a larger entry. A limited number of additional open events for individuals may be incorporated into the day to make it more financially viable to help cover associated competition delivery costs. Officials availability has commenced. Site challenges of the number of throwing circles and jumping pits & beds needs to be considered and adapted to.

4.7 Wednesday 21st October 2026 Welsh Inter Schools Cross Country Championships @ Brecon.

MM requested that the date for the Championships be held on Wednesday 21st October, this was approved. MM will now commence all logistics for hosting the Championships is the same format as 2025 in the new age groups of U14, U16, U18 & U20.

5. Teachers Education & Initiatives.

5.1 A WA budget has been approved for the 1st April 2026 financial year focussing on three areas of work:

5.11 additional discounted teachers education workshops annually, consisting of a blend of Primary and Secondary Workshops.

5.12 The reintroduction of schools to clubs grassroots coaching days, For clubs that wish to engage an application form is being formulated that must demonstrate exit routes to clubs. Format of the days will be at the discretion of each club for the events to be delivered, schools and pupils they wish to target.

5.13 as discussed in fixtures above, the first meeting with Sportshall Athletics and participating districts of ideas of how to get engagement across all eight school districts with sports hall athletics and what competition pathway and format would best suit this has been scheduled for 17th April. Whilst all eight districts engage with cross country, track & field championships and track & field cup fixtures, this does not happen with SportsHall Athletics.

5.2 The WSAA Social media channels followers continue to grow slowly but surely

The Welsh Schools Athletics Association can be followed on:

Facebook <https://www.facebook.com/WelshSchoolsAA> 680 followers.

X https://twitter.com/welsh_aa 568 followers

Instagram https://www.instagram.com/welshschools_athletics/ 1176 followers

6. AOB including date of next meeting

6.1 Date of next meeting 10am Tuesday 9th June 2026.

Meeting closed at 10.43am.

Throwing Implement Weights

Shot	Weight	Discus	Weight	Javelin	Weight	Hammer	Weight
U20B	6.00kg	U20B	1.75kg	U20B	800g	U20B	6kg
U18B	5.00kg	U18B	1.50kg	U18B	700g	U18B	5kg
U16B	4.00kg	U16B	1.25kg	U16B	600g	U16B	4kg
U14B	3.00kg	U14B	1.00kg	U14B	500g	U14B	3kg
U20G	4.00kg	U20G	1.00kg	U20G	600g	U20G	4kg
U18G	3.00kg	U18G	1.00kg	U18G	500g	U18G	3kg
U16G	3.00kg	U16G	1.00kg	U16G	500g	U16G	3kg
U14G	2.72kg	U14G	0.75kg	U14G	400g	U14G	2kg

Hurdles Heights and Spacings

Age Group	Event	Hurdle Height	Number of Hurdles Per Race	Colour Marking on the Track	Distance to First Hurdle	Distance Between Hurdles	Distance from Last Hurdle to Finish Line	Weight for Hurdles
U20B	110H	99.1cm	10	Blue	13.72m	9.14m	14.02m	3.6kg
	400H	91.4cm	10	Green	45m	35m	40m	3.6kg
U18B	110H	91.4cm	10	Blue	13.72m	9.14m	14.02m	3.6kg
	400H	84.0cm	10	Green	45m	35m	40m	3.6kg
U16B	100H	84.0cm	10	Yellow	13m	8.5m	10.5m	2.7kg
	300mH	84.0cm	7	Green	50m	35m	40m	2.7kg
U14B	80H	76.2cm	8	Black	12m	8m	12m	2.7kg
U20G	100H	84.0cm	10	Yellow	13m	8.5m	10.5m	3.6kg
	400H	76.2cm	10	Green	45m	35m	40m	3.6kg
U18G	100H	76.2cm	10	Yellow	13m	8.5m	10.5m	3.6kg
	400H	76.2cm	10	Green	45m	35m	40m	3.6kg
U16G	80H	76.2cm	8	Black	12m	8m	12m	2.7kg
	300H	76.2cm	7	Green	50m	35m	40m	2.7kg
U14G	75H	68.5cm	8	Orange	11.5m	7.5m	11m	2.7kg